

OVERNIGHT FIELD TRIP REQUEST FORM

This form must be completed AND approved at both the Education Committee Meeting AND the Regular School Board Meeting PRIOR TO the date of the trip. Contact the Assistant Superintendent's Office to verify meeting dates.

INSTRUCTIONS:

1. Originator - Complete by typing directly on form. Print form. Forward to Building Principal for approval.
2. Building Principal - Approve and forward to the Assistant Superintendent's Office for approval and inclusion on the Education Committee and School Board Meeting agendas.
3. Once Request has been approved at the School Board Meeting, a copy will be returned to the Originator.

Requested by: Colonel Peterson
 Group: Plum AFJROTC School: PHS
 Destination: _____
 Purpose: Attend Mountaineer Cadet Leadership School sponsored by AFJROTC. Colonel Peterson is Commodore of the Camp.
 Adult Supervisors/Sponsors: Colonel Peterson
Smsgt Riddle
 Person(s) Responsible for Activity: Colonel Peterson

Departure Date: Jun 18, 2017 Time: 0600
 Return Date: Jun 24, 2017 Time: 2100

Number of Students Participating: _____
 Number of Students NOT Participating: _____
 Number of Days Absent from School: 0
 Have any of the participating students been on other approved trips throughout the year? ?

Cost of Trip (Per Person): \$ 200
 Student's Actual Cost: \$ 200
 How will money be raised to pay for the trip: _____

Please give a full explanation of the type of insurance coverage the student will have while participating in this activity. If there is no provision for insurance, all students participating must have their parent/guardian sign an insurance waiver form.

MCOLS is a leadership School for Cadets in grades 9-11. They get to learn Navigation, Drill, Healthy life styles, physical training, leadership, 1st Aid and more. A United States Air Force Sanctioned Event.

Insurance Waiver and Air Force Health Waiver

Method of Travel & Name of Commercial Agency:

Rental Van

Housing (Reservation, Address, Dates):

Dorm Room - Concord ^{UNIVERSITY} ~~VA~~ Athens,
W. Va



3-31-17

Date approved by Education Committee: _____

Principal's Signature

Date

Date approved by School Board: _____



4-5-17

2016 Mountaineer Cadet Officer Leadership School

Sunday, 19 June 2016

TIME	1st Squadron		2nd Squadron		3rd Squadron		4th Squadron	
	A Flt	B Flt	C Flt	D Flt	E Flt	F Flt	G Flt	H Flt
1300 - 1430	Cadre In-processing, Unpacking, Room Set-up, Changing into Cadre Uniform, Turn-in AFOATS Training Manual Study Guide Basic and Advanced Cadets Report on Monday							
1430 - 1500	Commandant's Welcome, Expectations, and Rules of Engagement for the Week by Lt Col Williams North Tower Lobby ???							
1500 - 1515	Cadre Assignments and Cadre Training Overview							
1515 - 1615	From the Director of Operations' "To Do" List: Cadre Unload and Sets-Up MCOLS Areas In-Processing Area (arranging stations/Cadet In-processing flow, T-Shirts/hat issue, etc) Logistics (guidons, rifles, flags, coolers, etc), Command Post (radios, computers, room keys, etc)							
1615 - 1630	Transit to Dinner							
1630 - 1700	Dinner (Earlier if time permits)							
1700 - 1715	Transit to PT Area							
1715 - 1745	Captain Hutton demonstrates how to lead morning PT (Flight line-up, warm-up exercises, exercises and 1-mile run.) During the week Cadre will finish their mile run before assisting other cadets.							
1745 - 1800	Transit to Dorms							
1800 - 1830	Change into Class B Uniform with all accouterments for inspection. Collect all prohibited items for turn-in at inspection.							
1830 - 1945	<i>LAST CHANCE: Turn-in of all prohibited items to Inspector General outside dorm. Inspector General demonstrates inspection procedures; conduct Open Ranks Inspection of Cadre. The Inspector General explains the standards for the most common uniform discrepancies. "Top 6" Interviews start at 1900 -- Location TBD.</i>							
1945 - 2030	"Top-6 " Interviews. Other Cadre fix discrepancies found during the inspection and change into Cadre uniform.							
2030 - 2100	Location TBD: Commandant announces Cadet Group, Deputy Group, and Squadron Commanders Cadet Group Commander addresses MCOLS Cadre 2016							
2100 - 2115	Questions & Answers							
2115 - 2230	Cadet Group, Deputy Group, and Squadron Commanders: Start building an effective leadership team for MCOLS 2016 & ensuring Cadre complete tasks required to prepare for the week. Cadre members finish unpacking, setup/clean rooms, and prepare for Monday. Commandant's meeting with Instructors, group, deputy group, and squadron commanders at 2200.							
2230 - 2245	Cadre in rooms.							
2245	Taps, Lights out							

Monday, 20 June 2016

TIME	1st Squadron		2nd Squadron		3rd Squadron		4th Squadron	
	A Flt	B Flt	C Flt	D Flt	E Flt	F Flt	G Flt	H Flt
0630 - 0645	Reveille for Cadre at 0630 Hours							
0645 - 0700	Transit to Breakfast							
0700 - 0730	Breakfast							
0730 - 0745	Personal Time for Preparation for the Week. Review Schedule, Ensure You're Prepared to Help Basic and Advanced Cadets Set-up Rooms, and Are Ready to Teach Drill, etc.							
0745 - 0815	Room Set-Up and Inspection Standards/Procedures with the Inspector General. Location to be announced.				Cadre Pre-Test on AFOATS Training Guide South Tower Lobby with Director of Academics			
0815 - 0845	Cadre Pre-Test on AFOATS Training Guide South Tower Lobby with Director of Academics				Room Set-Up and Inspection Standards/Procedures with the Inspector General. Location to be announced.			
0845 - 1045	Cadre Drill Practice --- Drill & Ceremonies Instructor							
	1. Marching a flight across campus and establishing road guards. 2. Executing "Column of Files From the Right." 3. How a flight enters & exits a building or room. 4. Dining hall procedures (standing in line, lining tables, proper behavior)				5. The Regulation Drill Sequence 6. Formal Retreat Ceremony Formation & Procedures. 7. Open Ranks Inspection Procedures 8. Effective uniform inspections and recording results.			
1045 - 1115	Briefing of remaining items needing to be done for opening of MCOLS. Staggered Lunches for Cadre.							
1115 - 1245	BASIC & ADVANCED CADETS REPORT STARTING AT 1300 HOURS. DO NOT BRING PROHIBITED ITEMS TO MCOLS.							
1245 - 1300	All Cadre on Duty in Designated Locations for Early Arrivals.							
1300 - 1500	<p><u> Orienteering Cadre</u> - meet arriving cadets at the curb/parking lots, Turn-in prohibited items to their home unit instructors NOW > line Cadets up in alphabetical order > direct to in-processing. <u> Staff</u> - Issue MCOLS T-Shirts and Hats. <u> Flight Cadre</u> - Assist Basic & Advanced Cadets in flight areas. Cadets and Instructors are Arriving, In-Processing, Unpacking, and Setting-up Rooms in Inspection Order. One of each Flight's Cadre will assist with late arriving cadets while the Flight Advisor and the other Flight Cadre will take those cadets who are ready to the next activity at 1500.</p>							
	<p>Flight Advisors and Cadre Meet with Flight. Flight Cadre Teach Basic Drill Procedures for MCOLS (Fall-In, Column of Files from the Right, Entering Buildings/Rooms, Dining Room Line-up Procedure, and Formal Retreat). Review schedule. Academic Instructors meet at flagpole for in-service training/classroom assignments.</p>							
1530 - 1540	Cadet Corps Transit to Dorm Parking Lot. Color Guard Meets Drill & Ceremonies Instructor at Flagpole.							
1540 - 1545	Cadet Group Formation (In parking lot by dorm)							
1545 - 1555	Transit to Flag Pole							
1555 - 1600	Group Retreat Ceremony							
1600 - 1605	Transit to Ballroom							
1605 - 1700	<p>BALLROOM: Commandant's Welcoming Address, Expectations for the Week, Introductions of Instructors and Cadet Command Staff (20 minutes); Medical, Hygiene, and Safety Briefing (15 minutes); Intramural Sports and Safety Briefing by Captain Hutton (20 minutes)</p>							
1700 - 1810	Dinner 1700-1735	Dinner 1705-1740	Flight Advisor Time		Flight Advisor Time		Flight Advisor Time	
	Flight Advisor Time		Dinner 1710-1745	Dinner 1715-1750	Dinner 1720-1755	Dinner 1725-1800	Dinner 1730-1805	Dinner 1735-1810
1810 - 1815	Transit to Sports							
1815 - 1940	<p>Group Sports at Baseball Field Group Staff Report For Parade Practice in Gym</p>							
1940 - 1955	Transit to Dorms							
1955 - 2000	Flight Advisor and Flight Cadre Time to get flight functioning as a team. Time must be provided for all basic and advanced cadets to complete the next item on the schedule.							
2000 - 2005	LAST CHANCE: Turn-in all prohibited items to your Home Unit Instructors outside dorm by 2005 hours.							
2005 - 2020	Flight Meetings Conducted by Flight Cadre and Rotation of Flight Leaders							
2020 - 2100	CQ: Cadets are in rooms/suites supervised by Flight Cadre. must finish unpacking and get rooms and uniforms set-up in inspection order.							Cadets
2100	Commandant's meeting with instructors, group, deputy group, and squadron commanders at 2000. Taps for Entire Group 2100 Hours -- Lights Out							

Tuesday, 21 June 2016

TIME	1st Squadron		2nd Squadron		3rd Squadron		4th Squadron					
	A Fit	B Fit	C Fit	D Fit	E Fit	F Fit	G Fit	H Fit				
0500 - 0505	Reveille for Entire Group at 0500 Hours. Moving to Morning Formation Not Later Than 0505											
0515 - 0530	Morning Formation and Transit to Physical Training											
0530 - 0630	Morning Physical Training for Entire Cadet Group and Transit to Dorms Warm-up & Stretching Then Push-ups, Sit-ups, V-Sit Stretch, and One-Mile Run Then Individual Cool-Down Stretches											
0630 - 0700	Clean-up > Uniform & Room Inspection Preparation											
0700 - 0810	Breakfast 0700-0735	Breakfast 0705-0740	Flight Advisor Time		Flag Detail 0700-0730 Flight Advisor Time		Flag Detail 0700-0730 Flight Advisor Time					
	Flight Advisor Time		Breakfast 0710-0745	Breakfast 0715-0750	Breakfast 0720-0755	Breakfast 0725-0800	Breakfast 0730-0805	Breakfast 0735-0810				
			Flight Advisor Time									
0815 - 0830	Finish Preparations for Uniform & Room Inspections											
0830 - 0915	Group Dress and Appearance Inspections Class "B" Uniform w/accouterments (no medals).											
0915 - 0930	Group changes into Flight T-shirts and shorts > transits to next activity.											
0930 - 0945	The Basics of Orienteer- ing Exercise	Rope Bridge Exercise	Academics Lesson 1		Concord University Admissions Briefing Ballroom		Project "X" Location TBD					
0945 - 1000			Flight Advisor Time		First Aid for Your Wingmen Ballroom							
1000 - 1015			Lunch 1100-1135		Lunch 1105-1140				Lunch 1110-1145		Lunch 1115-1150	
1015 - 1030			Flight Advisor Time									
1030 - 1045			Lunch 1135-1210		Lunch 1140-1215							
1045 - 1100			Flight Advisor Time									
1100 - 1115												
1115 - 1130												
1130 - 1145												
1145 - 1200												
1200 - 1215												
1215 - 1230												
1230 - 1245												
1245 - 1300	Rope Bridge Exercise	The Basics of Orienteer- ing Exercise	Academics Lesson 2		Flight Advisor Time		Flight Advisor Time					
1300 - 1315			Break		Break		Regulation Drill Sequence Instruction & Standardization Gym					
1315 - 1330			Academics Lesson 3									
1330 - 1345			Flight Advisor Time									
1345 - 1400												
1400 - 1415												
1415 - 1430												
1430 - 1445												
1445 - 1500												
1500 - 1515												
1515 - 1530												
1530 - 1545												
1545 - 1600												
1600 - 1615												
1615 - 1630												
1630 - 1645												
1645 - 1700												
1700 - 1715												
1715 - 1730	Dinner 1700-1735	Dinner 1705-1740	Academics Lesson 1		The Basics of Orienteer- ing Exercise		Rope Bridge Exercise					
1730 - 1745												
1745 - 1800												
1800 - 1810												
1810 - 1815												
1815 - 1945	Transit to Sports											
1815 - 1945	Group Sports at Baseball Field Group Staff and Flight Cadre Report For Parade Practice in gym											
1945 - 2000	Commandant's Call with Daily Outstanding Flight Results/Standings and Evening Snack											
2000 - 2015	Transit to Dorms											
2015 - 2030	Flight Meetings Conducted by Flight Cadre and Rotation of Flight Leaders											
2030 - 2100	Commandant's meeting with Instructors, staff, and group, deputy group and squadron commanders. CQ: Cadets are in their rooms/suites preparing for the next day, studying, and getting ready for bed.											
2100	Taps for Entire Group 2100 Hours--Lights Out											

Wednesday, 22 June 2016

TIME	3rd Squadron		4th Squadron		1st Squadron		2nd Squadron	
	E Fit	F Fit	G Fit	H Fit	A Fit	B Fit	C Fit	D Fit
0500 - 0505	Reveille for Entire Group at 0500 Hours. Moving to Morning Formation Not Later Than 0505							
0515 - 0530	Morning Formation and Transit to Physical Training							
0530 - 0630	Morning Physical Training for Entire Cadet Group and Transit to Dorms Warm-up & Stretching Then Push-ups, Sit-ups, V-Sit Stretch, and One-Mile Run Then Individual Cool-Down Stretches							
0630 - 0700	Clean-up > Uniform & Room Inspection Preparation							
0700 - 0810	Breakfast 0700-0735	Breakfast 0705-0740	Flight Advisor Time		Flag Detail 0700-0730 Flight Advisor Time		Flag Detail 0700-0730 Flight Advisor Time	
	Flight Advisor Time		Breakfast 0710-0745	Breakfast 0715-0750	Breakfast 0720-0755	Breakfast 0725-0800	Breakfast 0730-0805	Breakfast 0735-0810
0815 - 0830	Finish Preparations for Uniform & Room Inspections							
0830 - 0915	Group Dress and Appearance Inspections Class B Uniform with all accouterments (no medals).							
0915 - 0930	Group changes into Flight T-shirts and shorts > transits to next activity.							
0930 - 0945	The Basics of Orienteer- ing Exercise	Rope Bridge Exercise	Academics Lesson 1		Concord University Admissions Briefing Ballroom		Project "X" Location TBD	
0945 - 1000			Flight Advisor Time		First Aid for Your Wingmen Ballroom			
1000 - 1015			Flight Advisor Time		Lunch 1100-1135			
1015 - 1030			Flight Advisor Time		Lunch 1105-1140			
1030 - 1045			Flight Advisor Time		Lunch 1110-1145			
1045 - 1100			Flight Advisor Time		Lunch 1115-1150			
1100 - 1115	Flight Advisor Time		Academics Lesson 2		Flight Advisor Time		Flight Advisor Time	
1115 - 1130	Lunch 1135-1210	Lunch 1140-1215	Flight Advisor Time		Regulation Drill Sequence Instruction & Standardization Gym		Lunch 1125-1200	
1130 - 1145	Flight Advisor Time		Academics Lesson 3		Flight Advisor Time		Lunch 1130-1205	
1145 - 1200	Flight Advisor Time		Break		Regulation Drill Sequence Instruction & Standardization Gym		Flight Advisor Time	
1200 - 1215	Flight Advisor Time		Academics Lesson 3		Flight Advisor Time		Flight Advisor Time	
1215 - 1230	Rope Bridge Exercise	The Basics of Orienteer- ing Exercise	Academics Lesson 3		Project "X" Location TBD		Concord University Admissions Briefing Ballroom	
1230 - 1245			Break		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1245 - 1300			Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1300 - 1315			Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1315 - 1330			Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1330 - 1345			Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1345 - 1400	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1400 - 1415	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1415 - 1430	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1430 - 1445	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1445 - 1500	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1500 - 1515	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1515 - 1530	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1530 - 1545	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1545 - 1600	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1600 - 1615	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1615 - 1630	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1630 - 1645	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1645 - 1700	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1700 - 1715	Dinner 1700-1735	Dinner 1705-1740	Academics Lesson 3		Project "X" Location TBD		Concord University Admissions Briefing Ballroom	
1715 - 1730			Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1730 - 1745	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1745 - 1800	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1800 - 1810	Flight Advisor Time		Academics Lesson 3		Project "X" Location TBD		First Aid for Your Wingmen Ballroom	
1810 - 1815	Transit to Sports							
1815 - 1945	Group Sports at Baseball Field Group Staff and Flight Cadre Report For Parade Practice in gym							
1945 - 2000	Commandant's Call, Outstanding Flight Results/Standings							
2000 - 2015	Transit to Dorms							
2015 - 2030	Flight Meetings Conducted by Flight Cadre and Rotation of Flight Leaders							
2030 - 2100	Commandant's meeting with Instructors, staff, and group, deputy group and squadron commanders. CQ: Cadets are in their rooms/suites preparing for the next day, studying, and getting ready for bed.							
2100	Taps for Entire Group 2100 Hours--Lights Out							

2016 Mountaineer Cadet Officer Leadership School

Thursday, 23 June 2016

TIME	1st Squadron		2nd Squadron		3rd Squadron		4th Squadron	
	A Flt	B Flt	C Flt	D Flt	E Flt	F Flt	G Flt	H Flt
0500 - 0505	Reveille for Entire Group at 0500 Hours. Moving to Morning Formation Not Later Than 0505							
0515 - 0530	Morning Formation and Transit to Physical Training							
0530 - 0630	Morning Physical Training for Entire Cadet Group and Transit to Dorms Warm-up & Stretching Then Push-ups, Sit-ups, V-Sit Stretch, and One-Mile Run Then Individual Cool-Down Stretches							
0630 - 0700	Clean-up > Uniform & Room Inspection Preparation							
0700 - 0810	Breakfast 0700-0735	Breakfast 0705-0740	Flight Advisor Time		Flag Detail 0700-0730 Flight Advisor Time		Flag Detail 0700-0730 Flight Advisor Time	
	Flight Advisor Time		Breakfast 0710-0745	Breakfast 0715-0750	Breakfast 0720-0755	Breakfast 0725-0800	Breakfast 0730-0805	Breakfast 0735-0810
			Flight Advisor Time					
0815 - 0830	Finish Preparations for Uniform & Room Inspections							
0830 - 0915	Group Dress and Appearance Inspections Class B Uniform w/accouterments (no medals).							
0915 - 0930	Group changes into Flight T-shirts and shorts and transits to next activity.							
0930 - 0945	31-Command Practice Tennis Courts		31-Command Practice Tennis Courts		Drone/RC Aircraft Demonstration Sports Field		Manual of Arms Instruction Exhibition Drill Demo Below Sports Field	
0945 - 1000					Manual of Arms Instruction Exhibition Drill Demo Below Sports Field		Drone/RC Aircraft Demonstration Sports Field	
1000 - 1015								
1015 - 1030								
1030 - 1045								
1045 - 1100								
1100 - 1115	Flight Advisor Time		Flight Advisor Time					
1115 - 1130	Lunch 1115-1150	Lunch 1120-1155	Lunch 1125-1200	Lunch 1130-1205	Flight Advisor Time		Flight Advisor Time	
1130 - 1145								
1145 - 1200								
1200 - 1215	Flight Advisor Time		Flight Advisor Time		Lunch 1135-1210	Lunch 1140-1215	Lunch 1145-1220	Lunch 1150-1225
1215 - 1230	Transit		Transit					
1230 - 1245	Drone/RC Aircraft Demonstration Sports Field		Manual of Arms Instruction Exhibition Drill Demo Below Sports Field		Flight Advisor Time		Flight Advisor Time	
1245 - 1300	Manual of Arms Instruction Exhibition Drill Demo Below Sports Field		Drone/RC Aircraft Demonstration Sports Field		Land Survival Introduction Grassy area near Sarvay			
1300 - 1315								
1315 - 1330								
1330 - 1345								
1345 - 1400								
1400 - 1415								
1415 - 1430								
1430 - 1445					Transit		Transit	
1445 - 1500	Flight Advisor Time/Study for Final Exam/31-Command Practice				31-Command Practice Tennis Courts		31-Command Practice Tennis Courts	
1500 - 1515								
1515 - 1530								
1530 - 1545								
1545 - 1600								
1600 - 1615	Land Survival Introduction Grassy area near Sarvay				Flight Advisor Time/Study for Final Exam/31-Command Practice			
1615 - 1630								
1630 - 1645								
1645 - 1700								
1700 - 1715	Dinner 1700-1735	Dinner 1705-1740	Flight Advisor Time		Flag Detail 1700-1730 Flight Advisor Time		Flag Detail 1700-1730 Flight Advisor Time	
1715 - 1730			Dinner 1710-1745	Dinner 1715-1750				
1730 - 1745					Dinner 1720-1755	Dinner 1725-1800	Dinner 1730-1805	Dinner 1735-1810
1745 - 1800	Flight Advisor Time		Flight Advisor Time					
1800 - 1810								
1810 - 1815	Transit to Sports							
1815 - 1945	Group Sports at Baseball Field Group Staff and Flight Cadre Report For Parade Practice in gym							
1945 - 2000	Commandant's Call, Outstanding Flight Results/Standings							
2000 - 2015	Transit to Dorms							
2015 - 2030	Flight Meetings Conducted by Flight Cadre > Rotation of Flight Leaders							
2030 - 2100	Commandant's meeting with Instructors, staff, and group, deputy group and squadron commanders. CQ: Cadets are in their rooms/suites preparing for the next day, studying, and getting ready for bed.							
2100	Taps for Entire Group 2100 Hours--Lights Out							

Friday, 24 June 2016

TIME	1st Squadron		2nd Squadron		3rd Squadron		4th Squadron	
	A Flt	B Flt	C Flt	D Flt	E Flt	F Flt	G Flt	H Flt
0500 - 0505	Reveille for Entire Group at 0500 Hours. Moving to Morning Formation Not Later Than 0505							
0515 - 0530	Morning Formation and Transit to Physical Training Test							
0530 - 0630	PT Test: Warm-ups, Push-ups, Sit-ups, and V-Sit Reach				Room Inspection Prep			
	One-Mile Run > Individual Cool-Down Stretches				PT Test: Warm-ups, Push-ups, Sit-ups, and V-Sit Reach			
0630 - 0700	Clean-up > Room Inspection Preparation Class B Uniform with all accouterments (no medals)				One-Mile Run > Individual Cool-Down Stretches			
0700 - 0810	Breakfast 0700-0735	Breakfast 0705-0740	Flight Advisor Time		Clean-up Class "B" Uniform w/accouterments (no medals)			
	Flight Advisor Time		Breakfast 0710-0745	Breakfast 0715-0750	Breakfast 0720-0755	Breakfast 0725-0800	Breakfast 0730-0805	Breakfast 0735-0810
			Flight Advisor Time					
NOTE	<i>Final Uniform Inspection/Evaluation will be conducted as flights enter the dining facility for breakfast.</i>							
0815 - 0845	Group changes into Flight T-shirts and shorts and transits to next activity.							
0845 - 0915	31-Command Drill Sequence Practice							
0915 - 1115	31-Command Drill Sequence Evaluation Tennis Courts							
1115 - 1210	Lunch 1100-1135	Lunch 1105-1140	Lunch 1110-1145	Lunch 1115-1150	Study for Exam		Study for Exam	
	Study for Exam		Study for Exam		Lunch 1120-1155	Lunch 1125-1200	Lunch 1130-1205	Lunch 1135-1210
					Study for Exam			
1215 - 1315	Final Exam in Ballroom Cadets needing their exam read to them meet in lobby outside the ballroom.							
1315 - 1400	Formal Retreat & Flag Retirement Ceremony							
1400 - 1415	Transit to Large Gym							
1415-1530	Maintain Flight Integrity while in Bleachers Drill-Off for "Best-In-Drill" and for Outstanding Flight "Knockout" Competition							
1530 - 1700	Group Parade Practice							
1700 - 1745	Group Picnic							
1745 - 1915	Field Day 1745 -1915 @ Softball Field							
1915 -1930	Transit to Commandant's Call							
1930 - 2015	Commandant's Call and Closing Comments Ballroom							
2015 - 2030	Cadets meet with Home Unit Instructors for Final Instructions. Cadets cannot enter the dorm until 2030.							
2030 - 2100	Commandant's meeting with Instructors, Staff, and Group, Deputy Group and Squadron Commanders. CQ: Cadets are in their rooms/suites cleaning, packing, and getting ready for bed.							
2100	Taps -- Lights Out							

2016 Mountaineer Cadet Officer Leadership School

Saturday, 25 June 2016

TIME	3rd Squadron		4th Squadron		1st Squadron		2nd Squadron	
	E Flt	F Flt	G Flt	H Flt	A Flt	B Flt	C Flt	D Flt
0700	Reveille for Entire Group at 0700 Hours							
0715 - 0745	Finish Packing and Cleaning for Departure. Uniform of the Day - Class "B" with all accouterments, including medals.							
0745 - 0800	Cadets meet with Home Unit Instructors for Uniform Turn-in, Photographs, Etc Outside Dorms.							
0800 - 0910	Breakfast 0800-0835	Breakfast 0805-0840	Flight Advisor Time		Flight Advisor Time		Flag Detail 0800-0830 Flight Advisor Time	
	Flight Advisor Time		Breakfast 0810-0845	Breakfast 0815-0850	Breakfast 0820-0855	Breakfast 0825-0900	Breakfast 0830-0905	Breakfast 0835-0910
			Flight Advisor Time					
0915 - 0930	Flight Advisors conduct general personal appearance inspection.							
0930 - 1000	Parade Formation and Transit to gym.							
1000 -1100	Graduation Parade							
1100 - 1115	Transit to Dorms							
1115 - 1300	<p>OUT-PROCESSING: Quickly Change Clothes. Move all Belongings into Hallway. Close Windows and Turn Off Lights. Have Room Inspected. Return Key to Inspector. Close Locked Door to Suite. Leave the Building.</p> <p><i>YOU MAY SOCIALIZE AFTER YOU ARE OUT OF THE BUILDING . Have a Safe Journey, Enjoy Your Summer, and Make Next Year the Best Ever for Your Unit!! YOU CAN MAKE A DIFFERENCE!</i></p>							
1300	MCOLS 2016 Closed							

No parents or family members are allowed in the South Tower.
During out-processing, parents and family members MUST WAIT IN THE PARKING LOTS.
Waiting in the roadway in front of the dorm is prohibited.

MCOLS Attendees

Alexandra Ralph

Braden Mellor

Connor Hutchinson

Emily Lauten

Ali Bryner

Josh Sprumont

Justin Rowe

Kaylee Olzewski

Victoria Ruby

Dom Alese

Dylan Shovel